

# **BirthSong**

**Midwifery, Childbirth Ed, HypnoBirthing, Doula Service**

**BirthSong, c/o Dena Carmosino  
125 Allston Street, #2  
West Medford, MA  
02155**

## **Client / Doula Agreement**

This agreement is between \_\_\_\_\_,  
and Dena Carmosino with BirthSong Childbirth Education and Birth Doula Service. This agreement is for the purpose of providing Birth Doula services. I agree to accompany you through labor and birth, providing emotional, physical, and informational support, as well as facilitating good communication and negotiation with your medical care providers. My services include help with breathing techniques, relaxation, massage, fear release, suggestions for comfort and progress, information about your options before, during and after birth, and support for your choices.

BirthSong Doula Service will not:

- Perform medical tasks
- Make decisions for you. I will help you get the information you need, and make sure you have an opportunity to make an informed decision. I may suggest questions to ask, or ask you if you would like time alone to discuss issues before making a decision. I will also remind you if a departure from your birth plan is suggested.

The fee includes unlimited phone time from the time you hire me until 2 weeks postpartum, a 2 hour prenatal visit at your home no later than the 38th week of pregnancy, and a one hour postpartum visit at your home anytime within the first three weeks postpartum.

I make a commitment to attend your birth. I will join you by the time active labor begins (either in your home or at the hospital depending on your labor and what your needs are) and remain with you until the baby

has been born. I will stay with you for at least one hour after the birth and can help you with breastfeeding. I make every effort to attend your birth, however if for any reason I am unavailable when your active labor begins, I agree to provide you with a back-up doula or to refund the refundable portion of the fee paid. You may choose to make your own arrangements for a back-up. This decision must be made in advance of your 37 week prenatal visit with me, and the back-up's phone number and beeper number must be given to me at or before your prenatal visit.

If, on the other hand, you fail to give me adequate notice(2 hours minimum ) for **any** reason including a fast labor or a change in your plans, none of the fee will be refunded. If you give birth to your baby by cesarean section with no labor, I will still expect to support you through the birth and receive my full fee.

Any parking fees I incur for home visits and/or the birth will be payable to me at that time.

By signing this agreement, you acknowledge that you have been given my cell phone, and pager numbers.

My fee for the prenatal, birth, and postpartum visit is \_\_\_\_\_. A 50% nonrefundable deposit in the amount of \$\_\_\_\_\_ is required upon the signing of this agreement. The balance of 50% in the amount of \$ \_\_\_\_\_ is due by your prenatal visit. Other payment options are available as well. If you change your mind before your 37th week, I will keep the deposit, but no further fees will be owed.

We prefer to find our own back-up doula. \_\_ yes, \_\_no.

Signed \_\_\_\_\_, and \_\_\_\_\_ date

Doula \_\_\_\_\_ date \_\_\_\_\_